

eCare: Process for Constant Observation of Suicidal and High Risk Patients

Enduring Material

** An e-learning course available on the Avera portal **

Program Goal

Patients are at risk for many things- including personal safety, self harm, or suicide As care providers, the goal is to ensure the utmost safety for the patients and staff in all situations Additionally, The Joint Commission and CMS have detailed requirements for ensuring safe and secure environments for patients at risk for suicide in hospital settings. This education will explain what the process and requirements are for constant observers in a hospital setting. Additional aspects of this education will be highlighting appropriate therapeutic communication techniques and how to create a safe environment for at risk and suicidal patients in the hospital.

Nursing Objectives

- 1 Identify warning signs resulting in safety concerns for at risk/suicidal patients
- 2 Identify forms of therapeutic communication to utilize when communicating with at risk/suicidal patients
- 3 Understand the different levels of observation
- 4 Understand the role and responsibilities of being a constant observer including preparing the room environment, diet, and visitor restrictions

Outcome

100 % of participants will demonstrate knowledge of the requirements of being a constant observer/sitter by passing post-test with score of $\geq 80\%$.

Target Audience

Professions – Nurse - RN, Manager

Specialties – Critical Care, Emergency Medicine

Completion Requirements

- View the video
- Complete the post-test
- Complete the evaluation

Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **0.75** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

Additional Information

Feedback person for this educational activity is: jessica.matthies@avera.org

Enduring material available from 9/8/2021 to 6/1/2022

This course content was reviewed on 09/08/2021

Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
AARON BUTE, RN	Committee Planning Member	Nothing to disclose
Susan Dorris	Committee Planning Member	Nothing to disclose
Heidi E Merriman, BSN, CCRN	Committee Planning Member	Nothing to disclose
Jessica Matthies, RN	Content Expert - Committee Member, Faculty, Nurse Planner	Nothing to disclose

